



Anaphylaxis



Help for non-English speakers

If you need help to understand the information in this policy, please contact the Office.

Purpose

To explain to Grovedale West Primary School parents, carers, staff and students the processes and procedures in place to support students diagnosed as being at risk of suffering from anaphylaxis. This policy also ensures that Grovedale West Primary School is compliant with Ministerial Order 706 and the Department's guidelines for anaphylaxis management

Scope

This policy applies to:

- all staff, including casual relief staff and volunteers
- all students who have been diagnosed with anaphylaxis, or who may require emergency treatment for an anaphylactic reaction, and their parents and carers.

Statement

Grovedale West Primary School will fully comply with Ministerial Order 706 and the associated guidelines published by the Department of Education and Training.

Anaphylaxis

Anaphylaxis is a severe allergic reaction that occurs after exposure to an allergen. The most common allergens for school-aged children are nuts, eggs, cow's milk, fish, shellfish, wheat, soy, sesame, latex, certain insect stings and medication.

Symptoms

Signs and symptoms of a mild to moderate allergic reaction can include:

- swelling of the lips, face and eyes
- hives or welts
- tingling in the mouth.

Signs and symptoms of anaphylaxis, a severe allergic reaction, can include:

- difficult/noisy breathing
- swelling of tongue
- difficulty talking and/or hoarse voice
- wheeze or persistent cough
- persistent dizziness or collapse
- student appears pale or floppy
- abdominal pain and/or vomiting.

Symptoms usually develop within ten minutes and up to two hours after exposure to an allergen, but can appear within a few minutes.

Treatment

Adrenaline given as an injection into the muscle of the outer mid-thigh is the first aid treatment for anaphylaxis.

Individuals diagnosed as being at risk of anaphylaxis are prescribed an adrenaline autoinjector for use in an emergency. These adrenaline autoinjectors are designed so that anyone can use them in an emergency.

<p>Individual Anaphylaxis Management Plans</p>	<p>All students at Grovedale West Primary School who are diagnosed by a medical practitioner as being at risk of suffering from an anaphylactic reaction must have an Individual Anaphylaxis Management Plan. When notified of an anaphylaxis diagnosis, the Principal of Grovedale West Primary School is responsible for developing a plan in consultation with the student's parents/carers.</p> <p>Where necessary, an Individual Anaphylaxis Management Plan will be in place as soon as practicable after a student enrolls at Grovedale West Primary School and where possible, the student's first day.</p> <p>Parents and carers must:</p> <ul style="list-style-type: none"> • obtain an ASCIA Action Plan for Anaphylaxis from the student's medical practitioner and provide a copy to the school as soon as practicable • immediately inform the school in writing if there is a relevant change in the student's medical condition and obtain an updated ASCIA Action Plan for Anaphylaxis • provide an up-to-date photo of the student for the ASCIA Action Plan for Anaphylaxis when that Plan is provided to the school and each time it is reviewed • provide the school with a current adrenaline autoinjector for the student that has not expired • participate in annual reviews of the student's Plan. <p>Each student's Individual Anaphylaxis Management Plan must include:</p> <ul style="list-style-type: none"> • information about the student's medical condition that relates to allergies and the potential for anaphylactic reaction, including the type of allergies the student has • information about the signs or symptoms the student might exhibit in the event of an allergic reaction based on a written diagnosis from a medical practitioner • strategies to minimise the risk of exposure to known allergens while the student is under the care or supervision of school staff, including in the school yard, at camps and excursions, or at special events conducted, organised or attended by the school • the name of the person(s) responsible for implementing the risk minimisation strategies, which have been identified in the Plan • information about where the student's medication will be stored • the student's emergency contact details • an up-to-date ASCIA Action Plan for Anaphylaxis completed by the student's medical practitioner. <p>Review and updates to Individual Anaphylaxis Management Plans</p> <p>A student's Individual Anaphylaxis Management Plan will be reviewed and updated on an annual basis in consultation with the student's parents/carers. The plan will also be reviewed and, where necessary, updated in the following circumstances:</p> <ul style="list-style-type: none"> • as soon as practicable after the student has an anaphylactic reaction at school • if the student's medical condition, insofar as it relates to allergy and the potential for anaphylactic reaction, changes
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	<ul style="list-style-type: none"> • when the student is participating in an off-site activity, including camps and excursions, or at special events including fetes and concerts. <p>Our school may also consider updating a student’s Individual Anaphylaxis Management Plan if there is an identified and significant increase in the student’s potential risk of exposure to allergens at school.</p>
Location of plans and adrenaline autoinjectors	<p>A copy of each student’s Individual Anaphylaxis Management Plan will be stored with their ASCIA Action Plan for Anaphylaxis at the Office together with the student’s adrenaline autoinjector. Adrenaline autoinjectors must be labelled with the student’s name.</p> <p>A copy of each student’s Individual Anaphylaxis Management Plan will be stored with their ASCIA Action Plan for Anaphylaxis at the office/sick bay, together with the student’s adrenaline autoinjector. Adrenaline autoinjectors must be labelled with the student’s name.</p> <p>A copy of each student’s Individual Anaphylaxis Management Plan will be stored with their ASCIA Action Plan for Anaphylaxis at the office/sick bay. Students are encouraged to keep an additional adrenaline autoinjector on their person. Adrenaline autoinjectors for general use are available at the office/sick bay and are labelled “general use” with the “Sign-in, Sign-out sheet”.</p>
Risk Minimisation Strategies	<p>To reduce the risk of a student suffering from an anaphylactic reaction at Grovedale West Primary School we have put in place the following strategies:</p> <ul style="list-style-type: none"> • staff and students are regularly reminded to wash their hands after eating • students are discouraged from sharing food • outside garbage bins at school are to remain covered with lids to reduce the risk of attracting insects • gloves must be worn when picking up papers or rubbish in the playground • staff or volunteers engaged in the handling of food are trained in appropriate food handling to reduce the risk of cross-contamination • year groups will be informed of allergens that must be avoided in advance of class parties, events or birthdays • a general use adrenaline autoinjector will be stored at the school office and in the first aid kits for ease of access. <p>Planning for off-site activities will include risk minimisation strategies for students at risk of anaphylaxis including supervision requirements, appropriate number of trained staff, emergency response procedures and other risk controls appropriate to the activity and students attending</p>
Adrenaline autoinjectors for general use	<p>Grovedale West Primary School will maintain a supply of adrenaline autoinjector(s) for general use, as a back-up to those provided by parents and carers for specific students, and also for students who may suffer from a first time reaction at school.</p> <p>Adrenaline autoinjectors for general use will be stored at the Office First Aid area and labelled “general use”.</p> <p>The Principal is responsible for arranging the purchase of adrenaline autoinjectors for general use, and will consider:</p> <ul style="list-style-type: none"> • the number of students enrolled at Grovedale West Primary School at risk of anaphylaxis • the accessibility of adrenaline autoinjectors supplied by parents • the availability of a sufficient supply of autoinjectors for general use in different locations at the school, as well as at camps, excursions and events

	<ul style="list-style-type: none"> the limited life span of adrenaline autoinjectors, and the need for general use adrenaline autoinjectors to be replaced when used or prior to expiry <p>the weight of the students at risk of anaphylaxis to determine the correct dosage of adrenaline autoinjector/s to purchase.</p>						
Emergency response	<p>In the event of an anaphylactic reaction, the emergency response procedures in this policy must be followed, together with the school’s general first aid procedures, emergency response procedures and the student’s Individual Anaphylaxis Management Plan.</p> <p>A complete and up-to-date list of students identified as being at risk of anaphylaxis is maintained by the First Aid Coordinator Fi Thomson (Office) and stored the Office. For camps, excursions and special events, a designated staff member will be responsible for maintaining a list of students at risk of anaphylaxis attending the special event, together with their Individual Anaphylaxis Management Plans and adrenaline autoinjectors, where appropriate.</p> <p>If a student experiences an anaphylactic reaction at school or during a school activity, school staff must:</p> <table border="1" data-bbox="472 785 1433 1864"> <thead> <tr> <th data-bbox="472 785 586 821">Step</th> <th data-bbox="586 785 1433 821">Action</th> </tr> </thead> <tbody> <tr> <td data-bbox="472 821 586 1276">1.</td> <td data-bbox="586 821 1433 1276"> <ul style="list-style-type: none"> Lay the person flat Do not allow them to stand or walk If breathing is difficult, allow them to sit Be calm and reassuring Do not leave them alone Seek assistance from another staff member or reliable student to locate the student’s adrenaline autoinjector or the school’s general use autoinjector, and the student’s Individual Anaphylaxis Management Plan, stored at the office (or in their personal bag) If the student’s plan is not immediately available, or they appear to be experiencing a first-time reaction, follow steps 2 to 5 </td> </tr> <tr> <td data-bbox="472 1276 586 1864">2.</td> <td data-bbox="586 1276 1433 1864"> <p>Administer an EpiPen or EpiPen Jr</p> <ul style="list-style-type: none"> Remove from plastic container Form a fist around the EpiPen and pull off the blue safety release (cap) Place orange end against the student’s outer mid-thigh (with or without clothing) Push down hard until a click is heard or felt and hold in place for 3 seconds Remove EpiPen Note the time the EpiPen is administered Retain the used EpiPen to be handed to ambulance paramedics along with the time of administration <p>OR</p> <p>Administer an Anapen® 500, Anapen® 300, or Anapen® Jr.</p> <ul style="list-style-type: none"> Pull off the black needle shield Pull off grey safety cap (from the red button) </td> </tr> </tbody> </table>	Step	Action	1.	<ul style="list-style-type: none"> Lay the person flat Do not allow them to stand or walk If breathing is difficult, allow them to sit Be calm and reassuring Do not leave them alone Seek assistance from another staff member or reliable student to locate the student’s adrenaline autoinjector or the school’s general use autoinjector, and the student’s Individual Anaphylaxis Management Plan, stored at the office (or in their personal bag) If the student’s plan is not immediately available, or they appear to be experiencing a first-time reaction, follow steps 2 to 5 	2.	<p>Administer an EpiPen or EpiPen Jr</p> <ul style="list-style-type: none"> Remove from plastic container Form a fist around the EpiPen and pull off the blue safety release (cap) Place orange end against the student’s outer mid-thigh (with or without clothing) Push down hard until a click is heard or felt and hold in place for 3 seconds Remove EpiPen Note the time the EpiPen is administered Retain the used EpiPen to be handed to ambulance paramedics along with the time of administration <p>OR</p> <p>Administer an Anapen® 500, Anapen® 300, or Anapen® Jr.</p> <ul style="list-style-type: none"> Pull off the black needle shield Pull off grey safety cap (from the red button)
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Communication Plan	<p>If a student appears to be having a severe allergic reaction but has not been previously diagnosed with an allergy or being at risk of anaphylaxis, school staff should follow steps 2 – 5 as above.</p> <p>The school can use either the EpiPen® and Anapen® on any student suspected to be experiencing an anaphylactic reaction, regardless of the device prescribed in their ASCIA Action Plan.</p> <p>Where possible, Grovedale West Primary School will consider using the correct dose of adrenaline autoinjector depending on the weight of the student. However, in an emergency if there is no other option available, any device should be administered to the student.</p> <p>This policy will be available on Grovedale West Primary School website so that parents and other members of the school community can easily access information about Grovedale West Primary School anaphylaxis management procedures. The parents and carers of students who are enrolled at Grovedale West Primary School and are identified as being at risk of anaphylaxis will also be provided with a copy of this policy.</p> <p>The Principal is responsible for ensuring that all relevant staff, including casual relief staff, food handling volunteers are aware of this policy and Grovedale West Primary School procedures for anaphylaxis management. Casual relief staff and volunteers who are responsible for the care and/or supervision of students who are identified as being at risk of anaphylaxis will also receive a verbal briefing on this policy, their role in responding to an anaphylactic reaction and where required, the identity of students at risk. This policy will be included in volunteer/CRT induction packs.</p> <p>The Principal is also responsible for ensuring relevant staff are trained and briefed in anaphylaxis management, consistent with the Department's Anaphylaxis Guidelines.</p>								
Staff training	The principal will ensure that the following school staff are appropriately trained in anaphylaxis management:								

	<ul style="list-style-type: none"> • School staff who conduct classes attended by students who are at risk of anaphylaxis • All school staff including specialist classes, OSHC staff, admin staff, first aiders and any other member of school staff as required by the principal based on a risk assessment. <p>Staff who are required to undertake training must have completed:</p> <ul style="list-style-type: none"> • an approved face-to-face anaphylaxis management training course in the last three years, or • an approved online anaphylaxis management training course in the last two years. <p>Grovedale West Primary School uses the following face-to-face training course 22578VIC for all staff every 3 years.</p> <p>Staff are also required to attend a briefing on anaphylaxis management and this policy at least twice per year (with the first briefing to be held at the beginning of the school year), facilitated by a staff member who has successfully completed an anaphylaxis management course within the last 2 years including the School Anaphylaxis Supervisors. Each briefing will address:</p> <ul style="list-style-type: none"> • this policy • the causes, symptoms and treatment of anaphylaxis • the identities of students with a medical condition that relates to allergies and the potential for anaphylactic reaction, and where their medication is located • how to use an adrenaline autoinjector, including hands on practice with a trainer adrenaline autoinjector • the school’s general first aid and emergency response procedures • the location of, and access to, adrenaline autoinjectors that have been provided by parents or purchased by the school for general use. <p>When a new student enrolls at Grovedale West Primary School who is at risk of anaphylaxis, the principal will develop an interim plan in consultation with the student’s parents and ensure that appropriate staff are trained and briefed as soon as possible.</p> <p>A record of staff training courses and briefings will be maintained through the school’s online Emergency Management Plan and by the First Aid Coordinator in the office.</p> <p>The Principal will ensure that while students at risk of anaphylaxis are under the care or supervision of the school outside of normal class activities, including in the school yard, at camps and excursions, or at special event days, there is a sufficient number of school staff present who have been trained in anaphylaxis management.</p>
Further Information and resources	<p>The Department’s Policy and Advisory Library (PAL):</p> <ul style="list-style-type: none"> ○ Anaphylaxis • Allergy & Anaphylaxis Australia • ASCIA Guidelines: Schooling and childcare • Royal Children’s Hospital: Allergy and immunology

	<p>The following school policies are also relevant to the Anaphylaxis Policy and are available on the school website.</p> <ul style="list-style-type: none"> • Health Care Policy • First Aid Policy • Duty of Care Policy <p>The Principal will complete the Department’s Annual Risk Management Checklist for anaphylaxis management to assist with the evaluation and review of this policy and the support provided to students at risk of anaphylaxis.</p>						
Communication	<ul style="list-style-type: none"> • The Policy is communicated through: • The School Website • Induction processes • Mandatory Staff training twice per year 						
Review cycle	<table border="1" data-bbox="472 726 1408 947"> <tr> <td data-bbox="472 726 808 764">Policy last reviewed</td> <td data-bbox="808 726 1408 764"> <ul style="list-style-type: none"> • August 2022 </td> </tr> <tr> <td data-bbox="472 764 808 888">Approved by</td> <td data-bbox="808 764 1408 888"> <ul style="list-style-type: none"> • This Policy was approved by Gretta Lynch principal on 14/8/24 • School Council 14/8/24 </td> </tr> <tr> <td data-bbox="472 888 808 947">Next scheduled review date</td> <td data-bbox="808 888 1408 947"> <ul style="list-style-type: none"> • August 2025 </td> </tr> </table>	Policy last reviewed	<ul style="list-style-type: none"> • August 2022 	Approved by	<ul style="list-style-type: none"> • This Policy was approved by Gretta Lynch principal on 14/8/24 • School Council 14/8/24 	Next scheduled review date	<ul style="list-style-type: none"> • August 2025
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